

Remember that there is no justification for hurting others. **It is not your fault. You are the victim.** You deserve better. Get out of the situation and get help for you and the person you love. If they have a problem, there are places and people that can help. Here are some community resources:

COUNSELING/REFERRAL:

Sexual Assault Victim/Prevention Services (Hotline 24 hrs) (714) 957-2737
 Victim/Witness Assistance (714) 834-4317
 Domestic Violence (714) 834-4317
 Women's Transitional Living Center (Hotline) (714) 992-1931

CHILD ABUSE:

Orangewood Children's Home (714) 938-0505
 Child or Parental Emergency Service (24 hours) (800) 422-4453

HOSPITALS:

Irvine Medical Center
 16200 Sand Canyon, Irvine (949) 753-2000
Saddleback Memorial Medical Center
 24451 Health Care Center Dr, Laguna Hills (949) 837-4500
Western Medical Center
 1001 N. Tustin, Santa Ana (714) 835-3555

LEGAL:

Legal Aid Society of Orange County (Open 9-5) (714) 835-8806
 Restraining Order Information (714) 973-0134
 Western State Legal Clinic (Only During School Semester) (714) 491-8448

MEDIATION:

Dispute Resolution (949) 250-0488
 UCI Equal Opportunity & Diversity (949) 824-5594

Emergency Hotline/Sexual Assault CRISIS (24 hours) (714) 957-2737
 Irvine FOR Families (714) 724-6650
 Orange County Sexual Assault Network (24 hours) (714) 831-9110

ASSAULT VICTIMS:

Adult /Elderly Abuse (714) 566-3116
 Battered Women's Self Help Hotline (714) 854-3554

CENTER FOR WOMEN & GENDER EDUCATION (UCI)

Information (949) 824-6000
 Crisis Intervention Services (Open 8-5) (714) 957-2737
 Domestic Violence Assistance Program (Male/Female) (714) 935-7956 (800) 992-1660
 Elder Abuse Hotline (714) 534-3261
 Gay & Lesbian Hotline (714) 894-4242
 Hotline of Southern California (714) 494-5367
 Human Options Shelter (24 hours) (949) 854-3554
 Interval House/Shelter (714) 831-9110
 Rape Crisis Hotline (24 hours) (949) 831-9110
 Restraining Orders (Informational Recording) (714) 973-0134
 Women's Transitional Living Center (Hotline) (714) 992-1931



University of California
 Police Department

150 Public Services Building
 Irvine, CA 92697

Phone: 949-824-5222 (Dispatch)
 Phone: 949-824-6397 (CSO program)
 Phone: 949-824-7181 (Crime Prevention)

www.police.uci.edu

Victim of Domestic Violence



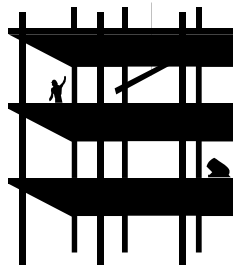
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DOMESTIC VIOLENCE

One out of every four women in this country will suffer some form of violence at the hands of her husband or boyfriend. Very few will tell anyone—not a relative, a neighbor, or the police. Victims of domestic violence come from all walks of life—all cultures, all incomes, and from different religions.

They share feelings of helplessness, isolation, guilt, fear, and shame. All hope it won't happen again, but it often does.



Abuse destroys everything you build and work for.

The Causes of Domestic Violence

Violence between partners may be the result of a variety of factors:

- Stress Situations (such as job loss, problems, pregnancy, etc.)

- Frustration.
- Alcohol and/or drug abuse.
- Mental or physical disorders.
- Sadistic personality.
- Abuse-prone attitudes and beliefs (I.e. “show the woman who’s boss” or “he wouldn’t hit me if I didn’t deserve it”).
- Childhood experiences of abuse and/or parental violence.

How To Know If Your Being Abused

Does your partner...

- Keep “track” of all your time?
- Constantly accuse you of being unfaithful?
- Discourage your relationships with family and friends?
- Prevent you from working, school, or attending group meetings?
- Criticize you for little things?
- Humiliate you in front of others?
- Destroy personal property?
- Threaten to use a weapon against you?
- Hit, punch, slap, and/or kick you or your children?
- Force you to engage in sex against your will?

What To Do If You Are Being Abused

- Remove yourself from the situation. Go to a neighbor’s house or call a friend to come pick you up.
- Call the police.
- Get medical attention—don’t try to fix yourself. Your injuries may be more serious than you think.

Don’t Ignore The Problem

Domestic violence has far reaching effects.

- Those involved can suffer emotional problems as well as other corresponding problems.
- Jobs can be lost or careers can be put on hold due to injuries, arrests, or harassments.
- Lives can be lost. Violent behavior, if not stopped, only gets worse and can lead to death.

What You Can Do

As a victim of domestic violence...

- You have the right to request and expect assistance from police or social services.
- If necessary, a police officer can obtain an Emergency Protection Order (EPO) by telephone.
- To obtain a restraining order, you can go to Family Law Court services located at 341 City dr., in Orange.
- You can get help from 24 hour crisis counseling (numbers provided on back).

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