

## WHAT TO DO IF YOU ARE RAPED:

- Get to a Safe place.
- Call a friend or family member that you trust.
- Don't shower, bathe, change or destroy clothes, or straighten up the area. It will destroy evidence that you may need.
- Write down every detail you can remember.
- If you are going to report the crime to the police do it as soon as possible. Delayed reporting can make it harder on you and more difficult to find and convict the rapist.

Do not avoid getting medical treatment because of fear.



Report the crime to the police as soon as possible.

### Available Resources:

#### CENTER FOR WOMEN & GENDER EDUCATION (UCI):

Information	(949) 824-6000
Crisis Intervention Services (Open 8-5)	(714) 957-2737
Domestic Violence Assistance Program (Male/Female)	(714) 935-7956
Elder Abuse Hotline	(800) 992-1660
Gay & Lesbian Hotline	(714) 534-3261
Hotline of Southern California	(714) 894-4242
Human Options Shelter (24 hours)	(714) 494-5367
Interval House/Shelter	(949) 854-3554
Rape Crisis Hotline (24 hours)	(714) 831-9110
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#### Restraining Orders

(Informational Recording) (714) 973-0134

#### Women's Transitional Living Center

(Hotline) (714) 992-1931



University Of California, Irvine  
Police Department

UCI Police Department  
150 Public Services Building  
Irvine, CA. 92967-4900

Phone: 949-824-5223

Phone: 949-824-5222

website: [www.police.uci.edu](http://www.police.uci.edu)

University Of  
California,  
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Police  
Department

# Dating Violence and Drugs



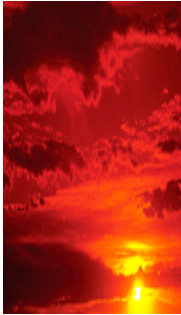
**Rohypnol  
and  
GHB**

**THE FACTS**

# Date Rape Drugs

## Rohypnol:

- Rohypnol is a strong sedative that is a member of the benzodiazepine family, which includes such drugs as Librium, Xanax, and Valium. Rohypnol is about ten times the strength of Valium, and has never been approved for use in the United States.
- Slang terms for Rohypnol include Roach, Roofies, R-2, Rib and Rope. Street prices Range from \$1 to \$5 per pill.
- Rohypnol is a small white tablet with “Roach” inscribed on one side with an encircled “1” or “2” indicating a 1mg or 2mg dose.



Rohypnol is usually taken orally, although there are reports that it has been ground up and snorted.

## Effects of Rohypnol:

- Rohypnol may make the user feel intoxicated, then sleepy – a feeling that may last up to eight hours.
- Rohypnol can cause deep sedation, respiratory distress, blackouts that can last up to 24 hours, and amnesia where users forget events experienced while under the influence.

## Effects of Rohypnol:

- In some cases, the drug has paradoxical effects and causes users to become aggressive.
- The potential for overdose or *death* can occur, especially when mixed with other drugs like alcohol.

## GHB:

- GHB is a central nervous system depressant that is abused for its intoxicating effects.
- In 1990 the FDA banned the use of GHB being sold in health food stores as a performance-enhancing additive to body building.
- GHB is consumed orally in capsule form or as a grainy white powder.
- Powder GHB is often dissolved in liquids like water or alcoholic beverages and then consumed.
- Slang terms for GHB include Grievous Bodily Harm, Easy Lay, Gook, Liquid 10, Liquid E, Soap, Scoop, Salty Water, G-riffick, Cherry Meth, Fantasy, and Zonked.
- Often substituted for Ecstasy another club drug, a capful or teaspoon may cost the user \$3 to \$5 per dose.
- GHB is used to come down off stimulants like ephedrine, ecstasy, speed, or cocaine.

## Effects of GHB

- GHB produces intoxication followed by deep sedation.
- Once ingested, the drug will begin to take effect 15 minutes to an hour, lasting one to three hours.
- GHB can cause nausea, vomiting, delu-

sions, depression, vertigo, visual disturbances, seizures, respiratory distress, loss of consciousness, amnesia, and coma, and when mixed with alcohol or other drugs, the consequences may be *life-threatening*.

## Why Are Rohypnol and GHB Called “Date Rape” Drugs?

- Rohypnol and GHB have been called “Sexual assault” drugs because of their potential to cause blackouts and amnesia at high doses.
- Many victims of sexual assault and gang rape were sedated by Rohypnol and GHB.
- The Drug Induced Rape Prevention and Punishment Act of 1996 was enacted into federal law, and makes it a crime to give someone a controlled substance without a person’s knowledge and with the intent to commit a violent crime.
- The law also stiffens the penalties for the possession and distribution of Rohypnol and GHB.

## How to Protect Yourself from Rohypnol and GHB:

- When going to parties or social events be sure to go with friends who will watch out for each other.
- Remember to always watch your drink being poured, and never leave your drink unattended.
- If you start to feel “out of it” or “woozy” tell someone you trust, then contact your local emergency room.